



Working with students on personal responsibility

Spring 2021

Adapted for instructors by Jim Lucas

Based on presentation created by Patty
Oehmke

Michigan State University

Focus areas for this presentation

1. Engaging Students to Support Behaviors that Help Reduce Exposure to COVID-19
 - [How to Protect Yourself & Others \(CDC guidelines\)](#)
 - [COVID-19 & Stress \(CDC information\)](#)
2. Disseminating & communicating updates and information to students – please use official MSU sources
 - [MSU University Physician COVID-19 news](#)
 - [Early Detection/Spartan Health Check](#)
 - [Together We Will/MSU Community Compact](#)
 - [Keep Teaching website](#)

What are the expectations

	Students living in East Lansing community	Students living in campus housing	Undergraduates engaging in-person on campus (e.g., class)	Medical students* engaging in-person on campus (e.g., clinicals)	Graduate students engaging in-person on campus (e.g., clinicals)
Follow MSU Community Compact Directives	Yes	Yes	Yes	Yes	Yes
Quarantine upon arrival in East Lansing for at least 10 days	Yes	Yes	Yes	Yes	Yes
Enroll in Spartan Health Check program	Optional	Yes – by Jan. 11	Yes – by Jan. 11	Medical Professional – Yes by Jan. 11	Optional and dependent on role
Flu Shot Attestation	Yes	Yes	Yes	Yes	Yes
Weekly spit testing	Optional	Yes-test twice the week of move-in	Yes-start at least one week before in-person activity begins	Yes-Medical Prof. at least one week before in-person activity begins	Optional and dependent on role
Online health screening form	Any day on campus	Every day	Any day on campus	Any day on campus	Any day on campus

* Medical students include students engaged in the Colleges of Human, Osteopathic, and Veterinary Medicine, as well as Nursing; note that on-campus refers to any MSU facility, not only the main East Lansing campus

Testing & Reporting

- Register for the [Spartan Health Check](#)
- Use [Spartan Health Screening Form](#)
- Any member of our community exhibiting signs of COVID-19 must seek immediate medical attention. If you are feeling ill or have tested positive for COVID-19 and have questions, contact MSU's COVID-19 Triage Hotline at 855-958-2678 or your primary health care provider.
- If you are ill or test positive, you should self-isolate and avoid close contact with others. For students who live on campus, [space for isolation](#) will be provided. More information on what to do if you feel sick can be found on the [CDC Website](#).

MSU Testing Locations

[Spartan Spit/Early Detection Program Locations](#)

Area COVID-19 testing

- Olin Health Center (by appointment only call 517-353-4660)
 - Hours: 8 a.m. to 5 p.m. Monday - Friday
- Spartan Stadium, Southeast Concourse, Gate B (no appointment necessary)
 - Hours: 8:30 a.m. to 4:30 p.m. Monday - Friday; 9 a.m. to 1 p.m. Saturday
 - Extended Hours 4:30 p.m. to 8:30 p.m. Tuesday & Thursday

Finding a Testing Location Elsewhere in Michigan

- [Ingham County Drive-Thru Locations](#)
- [State of Michigan information](#)
 - Call the state of Michigan's COVID Hotline at 888-535-6136 from 8 a.m. to 5 p.m., Monday through Friday, and press 1 to be connected to an operator who can help you find a nearby location and schedule an appointment. There are many locations where you can get tested at no cost to you.

Contact Tracing

- MSU will continue to work with local health departments on contact tracing for any potential cases, and we plan to hire additional staff to help with tracing related specifically to campus.
- If you are believed to be a close contact of someone who has tested positive for COVID-19, the county health department will follow up with you directly.
- Definition of close contact: Sustained time – more than 15 minutes – within six feet of a confirmed COVID-19 case.



What To Do If You Think You've Been Exposed to COVID-19

Have you been exposed* to someone who is showing symptoms of or who has tested positive for COVID-19?



No action required.
Continue to follow physical distancing guidelines and wear a face covering.



Please quarantine in your room for 14 days and self-monitor for COVID-19 symptoms. Continue to wear a face covering and follow physical distancing guidelines when doing essential tasks outside of your room, such as seeking medical care and meals.



Please call the MSU COVID-19 Triage line at 855-958-2678 to schedule an appointment to be tested.



Please quarantine in your living space for 14 days and continue to monitor for symptoms. Contact the RHS COVID-19 Response Hotline at **517-884-6862** to notify us so we can best support you. **Meal delivery is available.**

Please stay in your room and avoid close contact with others. Contact the MSU COVID-19 Triage Hotline at **855-958-2678** or your health care provider with questions. **Contact the RHS COVID-19 Response Hotline at 517-884-6862 for housing support, including meal delivery.**

Please contact your health care provider to determine when you are able to be around others. Continue to wear a face covering, maintain physical distance and practice good personal hygiene.

COVID-19 symptoms may appear 2-14 days after exposure to the virus. They include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



***Exposure to COVID-19:**
Contact within 6 feet of an infected person for 15 minutes or more



Whether you or someone you care about has tested positive for COVID-19, this can be a stressful time. It's important to look after yourself — especially if you are isolating from others. Connect virtually with friends and loved ones so you can keep in touch safely.

Be sure to reach out if you are feeling down or overwhelmed. Visit caps.msu.edu for additional resources and information.

Students in crisis: If you have an immediate need, call **517-355-8270** and press "1" to speak with a crisis counselor.

Additional contact information:

Olin Health Center

Appointments: **517-353-4660**

24/7 Nurse line: **517-353-5557**

MSU COVID-19 Triage Hotline • 855-958-2678

If you are feeling ill or have tested positive for COVID-19 and have questions.

RHS COVID-19 Response Hotline • 517-884-6862

A resource for residents in isolation and quarantine housing.

For the most up-to-date MSU info on COVID-19, visit msu.edu/together-we-will.





Focus I: Managing the Conversation

Why manage disruptive/negative behavior

- If a student comes to your class/lab/workplace and is not in compliance with the MSU COVID-19 policies (see Slide 3), you should have a conversation with the student
- Allowing the student to remain in the class/lab/workplace creates a public health risk
- Talking with the student directly, as soon as the behavior happens, often will resolve the issue and help prevent additional instances of non-compliance
- If you make exceptions or do not confront in appropriate behavior, you signal to the students and others that the rules do not matter

STEP 1: Be proactive

- We have provided template syllabus language about the COVID policies and recommendations for class attendance
- Use these suggestions and build appropriate policies into your syllabus. You can see the resources posted on the Keep Teaching website for ideas about the syllabus
- In addition to putting information into the syllabus...
 - Put announcements in D2L
 - Build reminders into class presentations, emails, or updates
 - Talk about the policies on the first day of class (work) with your students
 - Establish a relationship with your students that will make speaking with them easier in the future

STEP 2: Get in the right mindset

- Take a moment to compose yourself; difficult conversations are stressful, and you do not want your stress to derail the interaction
- Do not rush in to confront individual and do not assume ill intent or that you will be challenged; the situation is often a mistake or a misunderstanding
- Be mindful of your status, positionality, and identities; some students may not respond well to authority or may be triggered by aspects of your identity
- Mindful difficult conversations:
<https://www.mindfulschools.org/personal-practice/difficult->

STEP 3: Set the stage

- [Make Body Language Your Superpower](#) (video)
 - Brainstorm where you can apply posture, positioning, hand gestures and audience reading when you engage with other people
- Move person to a space is that is private and free of distractions or interruptions
- If other students ask what you are doing or what is going on, remember it is confidential and you should not sure details with them

STEP 4: Stick with the facts

- Describe for the student the behavior that needs to be addressed (e.g., you are not wearing your mask correctly or you cannot attend class due your red status)
- Cite specific actions that need to be corrected and how they violate policy
- As warranted or needed, consider the following tactics:
 - Explain how the student's behavior affects the learning environment, peers, you, and them.
 - Ask the student to explain what happened in a neutral way and listen without being angry or accusing

STEP 5: Listen & Empathize

- [Power of Listening](#)
 - How do we switch the “me” part of listening off & re-focus these thoughts onto the person speaking?
- [Validation, communication through empathy](#)
 - How does showing empathy impact the other person involved in your conversation? Does their position (happy or angry) play a role
- Most of the time, the student’s behavior will be due to a misunderstanding or mistake – not ill-will or intent
- Listen to the student’s explanation calmly and provide validation to their concerns
 - Example: “I understand that you have been really busy lately, but testing is really important”
 - Example: “I’ve been late and forgotten my mask before too, but we’ll need to

STEP 5: Listen & Empathize

- Power of Listening
 - How do we switch the “me” part of listening off & re-focus these thoughts onto the person speaking?
- Validation, communication through empathy
 - How does showing empathy impact the other person involved in your conversation? Does their position (happy or angry) play a role
- Most of the time, the student’s behavior will be due to a misunderstanding or mistake – not ill-will or intent
- Listen to the student’s explanation calmly and provide validation to their concerns
 - Example: “I understand that you have been really busy lately, but testing is really important”
 - Example: “I’ve been late and forgotten my mask before too, but we’ll need to

STEP 6: Respond

- Outline for the student what needs to happen to address the situation
 - Example: “We need to find you a mask,” or “You need to call the COVID hotline and address your red status”
- As warranted, explain the consequences of the behavior if not addressed or if it continues
- Inform the student that you must report the situation and that continued non-compliance could result in additional consequences
- Give the student choices, especially if they are refusing to comply

STEP 7: Report

- If you talk with a student about a COVID issue, even if they are agreeable and it is a mistake, you should complete the Qualtrics survey
- This survey allows campus to keep track of the number of times a student has an issue across time and space; a single instance will not warrant any conduct procedures
- When completing the form, stick to just the facts and what was actually said; do not put in any of your opinions or interpretations
 - Good example: the student admitted to being confused about the testing process and left the classroom when asked.
 - Inappropriate example: the student seems incapable of following directions and has some mental health concerns.
 - Do not ascribe any behaviors to a students' identity, health status, political beliefs,



**Focus II: Providing
resources and
information**

COVID Safety Resources

- [Staying Safe](#)
- [Isolation on Campus](#)
- [How To Create a COVID Bubble and Why You Should Consider One](#)
- [Spartan Health Screening Form](#)
- [Cloth Face Coverings – Do's & Don'ts](#)
- [Cloth Face Coverings: Fact Sheet](#)
- [Masks are MSU's Best Defense](#)
- [General Cleaning Procedures](#)

Self-Care and Wellness Resources

- [CAPS – Virtual Care Kit](#)
- [Keep Learning: Mental Health](#)
- [What do you do if someone close to you is confirmed positive for COVID-19?](#)
- [Resource Center for Persons with Disabilities](#)
- [Office of Institutional Equity](#)